



# RICHMONDSHIRE YOUTH DIRECTORY

AUTUMN/  
WINTER 2025

Clubs & Projects For Young People Living In Richmondshire Locality



Please note the age limits vary and there maybe costs to take part in the activities publicised.

We advise that you ring to check opening times before attending.

All information in this leaflet is secondary research and may not be completely accurate.

For any updates please email [edwina@nyy.org.uk](mailto:edwina@nyy.org.uk)

100+  
CLUBS &  
PROJECTS  
INSIDE

**Youth**  
Youth development at North Yorkshire Youth

[www.nyy.org.uk](http://www.nyy.org.uk)



# Our Youth Clubs provide healthy, positive activities for young people aged 11-19.

Our clubs are all across the county and are run by qualified and experienced youth workers on various evenings during the school term.

So if you fancy meeting up with friends, trying something new, developing a new skill or just want a safe place to hang out and chill come along to one of our clubs and the staff will be happy to help.

## North Yorkshire Direct Delivery Youth Clubs

### WEEKLY TIMETABLE CLUBS IN RICHMONDSHIRE

#### Club Name & Address

Richmond Youth Club  
SS Joseph and Francis  
Xavier's Church Hall  
Newbiggin Richmond  
DL10 4AS

NB Every second Monday @ Richmond Library  
Queens Road Richmond DL10 4AE

#### Opening Times

6:30 p.m. - 8:30 p.m.  
Monday Evenings  
Term Time Only

#### Club Contact Number

**07584263978**

*During Club Opening Hours Only*

***Open to Children & Young People in School Years 7+***

#### Club Name & Address

Risedale Youth Club  
Risedale School  
Hipswell  
Hipswell DL9 4BN

#### Opening Times

6:30p.m. - 8:30 p.m.  
Tuesday Evenings  
Term Time Only

#### Club Contact Number

**07584263978**

*During Club Opening Hours Only*

***Open to Children & Young People in School Years 7+***

# RICHMOND YOUTH CLUB



# RICHMOND YOUTH CLUB

**Food** **Music** **Fun** **Support** **Chill**  
**Arts & Crafts** **Games** **Relax** **Socialise**

Mondays (term time only)

6.30-7.30pm @ St Joseph & St Francis Xavier

Church Hall, 25 Victoria Rd, Richmond DL10 4AS

(every second week in Richmond Library)

Open to young people in school yr7+

£1 per session (first session free)



# RISEDALE YOUTH CLUB



# RISEDALE YOUTH CLUB

**Food** **Music** **Fun** **Support** **Chill**  
**Arts & Crafts** **Games** **Relax** **Socialise**

Tuesdays (term time only)

6.30-8.30pm @ Risedale Youth & Community Centre

Catterick Garrison. DL9 4BD

Open to young people in school yr7+

£1 per session (first session free)



**Youth**  
Youth development at North Yorkshire Youth

[www.nyy.org.uk](http://www.nyy.org.uk)

# YOUTH PROJECTS

**Setting up a new youth club? Developing an existing one?**

**WE ARE HERE TO HELP!**

Our Youth & Community Development Workers provide the guidance and expertise needed to set up, develop, and sustain voluntary youth clubs and projects. We offer support with:

- Setting up and managing a committee
- Key policies, procedures, and paperwork
- Flexible training opportunities
- Creative activity ideas
- Writing successful funding applications
- Practical 'how-to' guides
- Connecting with similar groups

We tailor our support to meet the specific needs of your group, just let us know how we can help!

For more information, contact your local Youth & Community Development Worker for the Richmondshire District, Edwina Anderson. [edwina@nyy.org.uk](mailto:edwina@nyy.org.uk), 07584 263978 or see our website: [www.nyy.org.uk](http://www.nyy.org.uk)





## Volunteer Led Youth Clubs & Projects

### WEEKLY TIMETABLE

#### Club Name & Address

Catterick Village Youth Club  
Pavillion Catterick Village  
DL10 7JY

#### Opening Times

6:30p - 8:00 p.m  
First 3 Thursday's of the month  
Term Time Only

*Open to Children & Young People in School Years 5-11*

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RAMP  
Risedale Youth Club  
Risedale School. Hipswell  
DL10 4BN

10:00 - 1:00 p.m  
Saturdays March -October  
For further details contact:  
[ramp.enquiries@gmail.com](mailto:ramp.enquiries@gmail.com)

*Open to Children & Young People in Aged 13-19*

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Blue Boxt Production music and  
performing Arts.  
Westfield Lane  
Thoralby Leyburn  
DL8 3SZ

Times and venues varies.  
Contact:  
[colin.bailey@ckmservices.co.uk](mailto:colin.bailey@ckmservices.co.uk)

*Open to Children & Young People in School Years 7+*

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PT Childcare after school  
Le Cateau School  
Catterick Garrison  
DL9 4ED

Contact:[beki@ptchildcare.co.uk](mailto:beki@ptchildcare.co.uk)

*Open to Children & Young People in School Years reception +*

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Colburn Youth Project.  
Colburn Village Hall and Colburn  
Library

5:30-7pm Mondays Colburn Library  
5:30-7pm Wednesdays Colburn Village  
Hall  
5:30-7:30 Friday Colburn Leisure  
Centre  
Contact Rachel  
[rachelbagnallhall@gmail.com](mailto:rachelbagnallhall@gmail.com)



# **Volunteer Led Youth Clubs & Projects**

## **WEEKLY TIMETABLE**

### **Club Name & Address**

**Whizz Kidz  
Risedale Youth Club**

### **Opening Times**

**Monday 6-80m  
Contact Chloe  
Catterickwhizzkidz@hotmail.com**

***Open to Children & Young People in School Years 5-11***

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**Youth Ability  
Risedale Youth Club  
Risedale  
DL9 4BN**

**Wednesdays 5:30-7  
Contact Lesley  
Lesley Collier <lesley@neurodiverse-  
community.co.uk>**

***Open to Children & Young People in Aged 11-25***

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**Hambleton and Richmondshire  
Young Carers plus  
Risedale Youth Club  
Risedale  
DL9 4BN**

**Tuesday 4:30-6pm Monthly  
Contact Laura/Charlene  
laura@carersplus.net  
charlene@carersplus.net**

***Open to Children & Young People in Aged 8-18***

# R.A.M.P

## RICHMONDSHIRE AREA MOTORCYCLE

### ABOUT

RAMP gives young people the opportunity to ride and learn about motorcycles in a safe environment. Participants are supported by a dedicated team of experienced volunteers who are keen to share their knowledge and skills to help young people improve their control, awareness, safety, speed awareness and bike maintenance. These skills will be tested on the last session when the group will go off road.

FOR AGES  
**13-19**

### DETAILS

4 week project (Saturdays)

10:00am - 2:00pm at Risedale Youth Centre

Cost: £20 (This covers insurance and running costs)

An application and consent form must be completed to receive your project dates.

This project is supported by North Yorkshire Youth



Further details contact Chloe & Nadia tel 07749034001 email [ramp.enquiries@gmail.com](mailto:ramp.enquiries@gmail.com)



Supported by North Yorkshire Youth.  
Member Club 2025/2026



**MONDAYS at Colburn Library**

**5PM—7PM (10 yrs+) and 7—9PM (14 yrs+)**

**WEDNESDAYS at Colburn Village Hall**

**3.30—4.30PM (5—10yrs) and 5—7PM (10—14 yrs)**

For more information pop in to one of our sessions or  
contact us on **07794356402**



North  
Yorkshire  
Youth

**Supported by North Yorkshire Youth.  
Member Club 2025/2026**

# Young Carer Service

As a Young Carer, you might provide support to a family member or friend due to a physical or mental illness, disability, frailty, life limiting condition or addiction.



**carers  
plus**  
YORKSHIRE

One Click Away  
[carersplus.net](http://carersplus.net)

Being a Young Carer, you may sometimes feel alone, but the Young Carer Service is here to prove you are never alone. Through this friendly and approachable service, we offer a wide range of personalised support.

- Access to helpful information
- Support from other young carers
- Someone to talk to
- Support to discover yourself
- Providing you with a voice
- Guidance to help you on your journey

## Contact Us

Scarborough, Whitby and Ryedale Office

Carers Plus Yorkshire Ltd  
96 High Street, Snainton,  
Scarborough, YO13 9AJ

**01723 850155**

Hambleton and Richmondshire Office

Carers Plus Yorkshire Ltd  
Unit 2 Omega Business Village,  
Thurston Road, Northallerton, DL6 2NJ

**01609 780872**

Visit: [carersplus.net](http://carersplus.net) Email: [admin@carersplus.net](mailto:admin@carersplus.net)

Carers Plus Yorkshire Ltd is an independent Charity and Company Limited by Guarantee.  
Charity No. 1046228. Company No. 3042108  
Registered Office: 96 High Street, Snainton, Scarborough, YO13 9AJ



**Supported by North Yorkshire Youth.  
Member Club 2025/2026**



# ACTIVITIES

## For Children & Young People In Richmondshire

### ARTS & ENTERTAINMENT

Group Name	Contact
Richmond Dance Centre	Venue: Scorton Email: Phone: 01748 810214 Website:
Janet Seymore School of Theatre Dance	Venue: Email: Phone: Website: <a href="http://www.swaledaledance.co.uk">www.swaledaledance.co.uk</a>
Dance Fusion	Venue: Richmond Email: Phone: 07779570631 Website: <a href="http://www.dancefusionrichmond.co.uk">www.dancefusionrichmond.co.uk</a>
Rhythm and Shoes Dance Academy	Venue: Email: Phone: 07745187887 Website: <a href="http://therhythmandshoesdanceacademy.north-yorkshire">therhythmandshoesdanceacademy.north-yorkshire</a>
Charlotte Jacqueline School of Dance	Venue: Email: Phone: Website: <a href="http://www.cjschoolofdance.com">www.cjschoolofdance.com</a>
Dales Dance	Venue: Email: Phone: Website: <a href="http://www.dalesdance.com">www.dalesdance.com</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### ARTS & ENTERTAINMENT

Group Name	Contact
Richmond Youth Theatre	Venue: Richmond and Leyburn Email: Phone: Website: <a href="http://www.richmondshireyouththeatre.wordpress.com">www.richmondshireyouththeatre.wordpress.com</a>
Georgian Theatre Royal	Venue: Richmond Email: Phone: Website: <a href="http://www.georgiantheatreroyal.co.uk">www.georgiantheatreroyal.co.uk</a>
Youth Music and Youth Theatre Groups	Venue: Hawes/Leyburn Thornton Rust Email: <a href="mailto:info@blueboxt.co.uk">info@blueboxt.co.uk</a> Phone: Website: <a href="http://www.blueboxt.co.uk">www.blueboxt.co.uk</a>
Richmond Operatic Society	Venue: 53 Bargate Richmond DL10 4QY Email: Phone: Website: <a href="http://www.richmondoperatics.co.uk">www.richmondoperatics.co.uk</a>
Rural Arts	Venue: 4 Westgate Thirsk YO71QS Email: Phone: 01845526536 Website: <a href="http://www.ruralarts.org">www.ruralarts.org</a>
AMP	Venue: Nunthorpe Road York YO23 1BW Email: Phone: 01904 543382/07761525709 Website: <a href="https://amp-music.co.uk">https://amp-music.co.uk</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### ARTS & ENTERTAINMENT

Group Name	Contact
Reeth Brass Band	<b>Venue:</b> Richmond <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.reethbrassband.co.uk">www.reethbrassband.co.uk</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### ENVIRONMENT & HERITAGE

Group Name	Contact
Yorkshire Dales Young Rangers	Venue: Yoredale Bainbridge Leyburn DL8 3EL Email: learning@yorkshiredales.org.uk Phone: 01756751628/ 07815970346 Website:
Bramble Woods e50K Community Project	Venue: Smuts Road Catterick Garrison Email: info@e50K.org.uk Phone: Website:
Foxglove Covert	Venue: Catterick Garrison Email: Phone: Website: <a href="http://www.foxglovecovert.org.uk">www.foxglovecovert.org.uk</a>
Yorkshire Dales River Trust	Venue: 8 Kings Court, Pateley Bridge, Harrogate, North Yorkshire, HG3 5JW Email: Phone: Website: <a href="http://www.ydrt.org.uk">www.ydrt.org.uk</a>
Tees-Swale	Venue: Yorkshire Dales National Park Email: <a href="mailto:Hermione.Pocock@yorkshiredales.org.uk">Hermione.Pocock@yorkshiredales.org.uk</a> Phone: 07970994648 Website: <a href="http://www.yorkshiredales.org.uk">www.yorkshiredales.org.uk</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### FEDERATED ORGANISATIONS & UNIFORMED GROUPS

Group Name	Contact
Richmondshire Scouts	Venue Barton, Brompton-on-Swale, Catterick Garrison, Dalton, Richmond, Reeth, Leyburn Email: Phone: Website: <a href="http://www.richmondshirescouts.org.uk">www.richmondshirescouts.org.uk</a>
Air Cadets	Venue: Richmond School Email: <a href="mailto:2040@aircadets.org">2040@aircadets.org</a> Phone: 01748821347 Website:
Police Cadets	Venue: Email: <a href="mailto:kathryn.bean@northyorkshire.pnn.police.uk">kathryn.bean@northyorkshire.pnn.police.uk</a> Phone: Website: <a href="http://northyorkshire.police.uk/jobs/cadets">northyorkshire.police.uk/jobs/cadets</a>
Girl Guides	Venue: Leyburn, Colburn, Askrigg, Catterick Garrison and Richmond Email: Phone: Website: <a href="http://www.girlguiding.org.uk">www.girlguiding.org.uk</a>
Catterick Army Cadets	Venue: Catterick Garrison Email: Phone: Website: <a href="http://www.armycadets.com">www.armycadets.com</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### FEDERATED ORGANISATIONS & UNIFORMED GROUPS

Group Name	Contact
<b>Young Farmers</b> Catterick, Reeth, Wensleydale	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.yfyfc.org.uk/about/districts/cledales">www.yfyfc.org.uk/about/districts/cledales</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### GAMING & CODING

Group Name	Contact
<b>Colburn and Richmondshire District Amateur Radio Society</b>	<b>Venue:</b> Hudswell Village Hall <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.crdars.org.uk">www.crdars.org.uk</a>
<b>Wensleydale Camera Club</b>	<b>Venue:</b> Leyburn <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.wensleydalecameraclub.co.uk">www.wensleydalecameraclub.co.uk</a>
<b>Richmond Camera Club</b>	<b>Venue:</b> Richmond <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.richmondcameraclub.co.uk">www.richmondcameraclub.co.uk</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### MIXED DISCIPLINE & MARTIAL ARTS

Group Name	Contact
Chi Taewondo	Venue: Catterick Garrison Swale Mountain rescue centre DL9 3EH Email: Phone: Website: <a href="http://www.chitaekwondo.org">www.chitaekwondo.org</a>
Progressive Martial Arts	Venue: Colburn Industrial Park Email: Phone: Website: <a href="http://www.progressivemartialarts.co.uk">www.progressivemartialarts.co.uk</a>
Arashikage Martial Arts Academy	Venue: Hawes Email: Phone: Website: <a href="http://www.freestyle-martialarts.com">www.freestyle-martialarts.com</a>
Fi Judo	Venue: Catterick Leisure Centre Email: Phone: Website:

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### OUTDOOR CENTRE & ACTIVITY PROVIDERS

Group Name	Contact
Swale Outdoor Centre	<b>Venue:</b> Richmond <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.swaleoutdoorclub.org.uk">www.swaleoutdoorclub.org.uk</a>
Marrick Priory	<b>Venue:</b> Marrick Richmond <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.merrickpriory.co.uk">www.merrickpriory.co.uk</a>
Low Mill	<b>Venue:</b> Askrigg <b>Email:</b> <a href="mailto:info@lowmill.com">info@lowmill.com</a> <b>Phone:</b> 01969650432 <b>Website:</b> <a href="http://www.lowmill.co.uk">www.lowmill.co.uk</a>
Yorebridge Sport and Leisure Centre	<b>Venue:</b> Askrigg <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.yorebridgesportandleisure.co.uk">www.yorebridgesportandleisure.co.uk</a>
ML Sports and Fitness	<b>Venue:</b> Richmond <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.ml sportsandfitness.co.uk">www.ml sportsandfitness.co.uk</a>
Catterick Leisure Centre	<b>Venue:</b> Catterick Garrison <b>Email:</b> <b>Phone:</b> 01748 831030 <b>Website:</b> <a href="http://www.cattericleisurecentre.co.uk">www.cattericleisurecentre.co.uk</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### OUTDOOR CENTRES & ACTIVITY PROVIDERS

Group Name	Contact
Colburn Community Sports Centre	<b>Venue:</b> Colburn <b>Email:</b> <a href="mailto:enquiries@colburncommunitysportscentre.org">enquiries@colburncommunitysportscentre.org</a> <b>Phone:</b> <b>Website:</b>
Active Life	<b>Venue:</b> Scotch Corner <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.activelifesc.co.uk">www.activelifesc.co.uk</a>
Leyburn Leisure Club	<b>Venue:</b> Leyburn <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.leyburncommunityleisureclub.co.uk">www.leyburncommunityleisureclub.co.uk</a>
Fitness 4 All	<b>Venue:</b> Leyburn Business Park <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.fitness4all.club">www.fitness4all.club</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### SPORTS

Group Name	Contact
Scorton Archers	<b>Venue:</b> Scorton DL10 6EA <b>Email:</b> <a href="mailto:secretary@scortonarchers.com">secretary@scortonarchers.com</a> <b>Phone:</b> <b>Website:</b> <a href="http://www.scortonarchers.com">www.scortonarchers.com</a>
Richmond Badminton club	<b>Venue:</b> Richmond School/Marne Barracks Catterick <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.richmondbadmintonclub.co.uk">www.richmondbadmintonclub.co.uk</a>
Richmond Vikings Basketball	<b>Venue:</b> Risedale School Catterick Garrison <b>Email:</b> <a href="mailto:donna_cuthbertson@hotmail.com">donna_cuthbertson@hotmail.com</a> <b>Phone:</b> 07979186671 <b>Website:</b>
Lazer Cheer Academy	<b>Venue:</b> 3 Foss Way Colburn DL9 4SA <b>Email:</b> <a href="mailto:mandy@lazercheer.co.uk">mandy@lazercheer.co.uk</a> <b>Phone:</b> 07818642944 <b>Website:</b> <a href="http://lazercheer.co.uk">lazercheer.co.uk</a>
Richmondshire Cricket Club	<b>Venue:</b> Hurgill Road Richmond DL10 4AR <b>Email:</b> <a href="mailto:info@richmondshirecc.org.uk">info@richmondshirecc.org.uk</a> <b>Phone:</b> 01748824573 <b>Website:</b>
Cycling Club	<b>Venue:</b> Richmond School <b>Email:</b> <a href="mailto:richmondcyclingclub.co.uk">richmondcyclingclub.co.uk</a> <b>Phone:</b> <b>Website:</b> <a href="http://www.richmondcyclingclub.com">www.richmondcyclingclub.com</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### SPORTS

Group Name	Contact
Richmondshire Community Bike Service	<b>Venue:</b> Catterick, Colburn, Leyburn, Skeeby, Scorton, Bropmpton-On-Swale, Bedale <b>Email:</b> <a href="mailto:help@richmondshirecommunitybikeservices.uk">help@richmondshirecommunitybikeservices.uk</a> <b>Phone:</b> <b>Website:</b> <a href="http://richmondshirecommunitybikeservices.uk">richmondshirecommunitybikeservices.uk</a>
Leyburn Junior Football	<b>Venue:</b> Wensleydale School <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://leyburnutdjfc.co.uk">http://leyburnutdjfc.co.uk</a>
Richmond Town FC Girls/Boys/Adults	<b>Venue:</b> Richmond School <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.richmondtownfc.co.uk">www.richmondtownfc.co.uk</a>
Catterick Village Junior FC	<b>Venue:</b> Pavilion Catterick Village <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.catterickvillagejfc.net">www.catterickvillagejfc.net</a>
Catterick Garrison Football Centre	<b>Venue:</b> <b>Email:</b> <a href="mailto:info@catterickgarrisonfootballcentre.uk">info@catterickgarrisonfootballcentre.uk</a> <b>Phone:</b> <b>Website:</b>
Colburn FC	<b>Venue:</b> Colburn Community Sports Centre <b>Email:</b> <a href="mailto:colburn@colburncommunitysportscentre.org">colburn@colburncommunitysportscentre.org</a> <b>Phone:</b> <b>Website:</b> <a href="http://www.colburncommunitysportscentre.org">www.colburncommunitysportscentre.org</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### SPORTS

Group Name	Contact
<b>Richmond Golf Club</b>	<b>Venue:</b> Bend Hagg Richmond DL10 5EX <b>Email:</b> <a href="mailto:secretary@richmondyorksgolfclub.co.uk">secretary@richmondyorksgolfclub.co.uk</a> <b>Phone:</b> 01748 823231 <b>Website:</b> <a href="http://www.richmondyorksgolfclub.co.uk">www.richmondyorksgolfclub.co.uk</a>
<b>Catterick Golf Club</b>	<b>Venue:</b> Leyburn Road Catterick Garrison <b>Email:</b> <a href="mailto:secretary@catterickgolfclub.co.uk">secretary@catterickgolfclub.co.uk</a> <b>Phone:</b> 01748 833268 <b>Website:</b> <a href="http://www.catterickgolfclub.co.uk">www.catterickgolfclub.co.uk</a>
<b>Wensleydale Golf Club</b>	<b>Venue:</b> Akebar park Leyburn Road <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.akebarpark.com">www.akebarpark.com</a>
<b>Richmondshire Thirsk Dales Gymnastics</b>	<b>Venue:</b> Colburn Leisure Centre <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.richmondshiregymnastics.co.uk">www.richmondshiregymnastics.co.uk</a>
<b>Richmond Hockey Club</b>	<b>Venue:</b> Richmond School <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.richmondhcyorks.co.uk">www.richmondhcyorks.co.uk</a>
<b>Mountain Biking Stage 1 Cycles</b>	<b>Venue:</b> Burtsett Road Hawes DL8 3NT <b>Email:</b> <b>Phone:</b> 01609666873 <b>Website:</b> <a href="http://www.stage1cycles.co.uk">www.stage1cycles.co.uk</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### SPORTS

Group Name	Contact
Richmondshire Ladies Netball (year 10 +)	<b>Venue:</b> Richmond School <b>Email:</b> <b>Phone:</b> <b>Website:</b>
Rugby League Catterick Crusaders RLFC	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> <b>Website:</b>
Wensleydale Rugby Club	<b>Venue:</b> Leyburn <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.wensleydalerufc.co.uk">www.wensleydalerufc.co.uk</a>
Richmondshire Rugby Club	<b>Venue:</b> Theakston Lane Richmond <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.richmondshirerufc.co.uk">www.richmondshirerufc.co.uk</a>
Leyburn Squash Club	<b>Venue:</b> Leyburn Leisure Centre <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.leyburnsquash.mycourt.co.uk">www.leyburnsquash.mycourt.co.uk</a>
Richmond Dales Amateur Swimming	<b>Venue:</b> Richmond Swimming Pool. Station Road <b>Email:</b> <a href="mailto:admin@rdasc.org.uk">admin@rdasc.org.uk</a> <b>Phone:</b> <b>Website:</b> <a href="http://www.rdas.org.uk">www.rdas.org.uk</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### SPORTS

Group Name	Contact
Catterick Swimming clubs	<b>Venue:</b> Catterick Leisure Centre <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.rdas.org.uk">www.rdas.org.uk</a>
Westfields Tennis Club	<b>Venue:</b> Westfields Richmond <b>Email:</b> <a href="mailto:westfieldstennisclub@hotmail.com">westfieldstennisclub@hotmail.com</a> <b>Phone:</b> <b>Website:</b> <a href="http://www.clubspark.lta.org.uk/WestfieldsTennisClub2">www.clubspark.lta.org.uk/WestfieldsTennisClub2</a>
Richmond Tennis Club	<b>Venue:</b> Richmond School <b>Email:</b> <a href="mailto:rtcyorkshire@gmail.com">rtcyorkshire@gmail.com</a> <b>Phone:</b> 07564783473 <b>Website:</b> <a href="http://www.clubspark.lta.org.uk/RichmondTennisClubYorkshire/PLAYINGOPTIONS">www.clubspark.lta.org.uk/RichmondTennisClubYorkshire/PLAYINGOPTIONS</a>
Richmond Triathlon Club	<b>Venue:</b> Richmond Swimming Pool DL10 4LD <b>Email:</b> <b>Phone:</b> 07880182567 <b>Website:</b> <a href="http://www.richmondtriathlonclub.co.uk">www.richmondtriathlonclub.co.uk</a>
Zetland Harriers Running Club	<b>Venue:</b> Leyburn Road Athletics Stadium Catterick Garrison <b>Email:</b> <a href="mailto:secretary@richmondzetlandharriers.co.uk">secretary@richmondzetlandharriers.co.uk</a> <b>Phone:</b> <b>Website:</b> <a href="http://richmondzetlandharriers.co.uk">http://richmondzetlandharriers.co.uk</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### SPORTS

Group Name	Contact
<b>Richmond Motor Club</b>	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.richmondmotorclub.com">www.richmondmotorclub.com</a>

For more details on any of the activities/groups listed  
please contact the provider directly.



## VOLUNTEERING

# ACTIVITIES

## For Children & Young People In Richmondshire

For more details on any of the activities/groups listed  
please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### VOLUNTEERING

Group Name	Contact
Get Volunteering	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.getvolunteering.co.uk">www.getvolunteering.co.uk</a>
Vinspired	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.vinspired.com">www.vinspired.com</a>
Volunteering Matters	<b>Venue:</b> <b>Email:</b> <a href="mailto:info@volunteeringmatters.org.uk">info@volunteeringmatters.org.uk</a> <b>Phone:</b> 02037805870 <b>Website:</b> <a href="http://www.volunteeringmatters.org.uk">www.volunteeringmatters.org.uk</a>
Community First – Volunteering In North Yorkshire Database	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="https://portal.communityfirstyorkshire.org.uk/volunteering">https://portal.communityfirstyorkshire.org.uk/volunteering</a>

For more details on any of the activities/groups listed please contact the provider directly.



# ACTIVITIES

## For Children & Young People In Richmondshire

### OTHER GROUPS

Group Name	Contact
North Yorkshire Pleasure Diver	<b>Venue:</b> Catterick Leisure Centre <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://www.nYPD-diving.co.uk">www.nYPD-diving.co.uk</a>
Catterick Saddle Club	<b>Venue:</b> Catterick Garrison <b>Email:</b> <a href="mailto:saddleclub1969@aol.com">saddleclub1969@aol.com</a> <b>Phone:</b> 01748876680 <b>Website:</b> <a href="http://www.cattericksaddleclub.co.uk">www.cattericksaddleclub.co.uk</a>
Hollies Riding School	<b>Venue:</b> Hudswell Lane Richmond <b>Email:</b> <a href="mailto:theholliesridingschool@hotmail.co.uk">theholliesridingschool@hotmail.co.uk</a> <b>Phone:</b> 07930481568 <b>Website:</b> <a href="http://www.holliesridingschool.co.uk">www.holliesridingschool.co.uk</a>
Richmond Equestrian Centre	<b>Venue:</b> DL10 7PL <b>Email:</b> <a href="mailto:bookings@richmondequestriancentre.co.uk">bookings@richmondequestriancentre.co.uk</a> <b>Phone:</b> 07564025959 <b>Website:</b> <a href="http://www.richmondequestriancentre.co.uk">www.richmondequestriancentre.co.uk</a>
Elevate (influence Church)	<b>Venue:</b> <b>Email:</b> <b>Phone:</b> <b>Website:</b> <a href="http://influencechurch.co.uk">influencechurch.co.uk</a>

For more details on any of the activities/groups listed  
please contact the provider directly.

# CALENDAR PHOTO COMPETITION



## 2026 Calendar Photo Competition

### “A YEAR IN NORTH YORKSHIRE”

**Are you a young photographer aged 11+?**

Photos need to represent York or North Yorkshire.

They can be scenery or street photography, with no identifiable faces. We want to see North Yorkshire at its best throughout the year!

Closing date 31<sup>st</sup> August 2025



For more information and to enter:  
contact Stef on 07398 149496  
or email [stef@nyy.org.uk](mailto:stef@nyy.org.uk)

T&Cs apply  
Poster image is looking from Grinton towards Reeth in Swaledale

# NORTH YORKSHIRE YOUTH VOLUNTEER BUDDY NETWORK



## YOUR TIME COULD MAKE ALL THE DIFFERENCE TO A YOUNG PERSON



**Life can be a lonely path for some young people.** The NYY Buddy scheme can be an enriching experience for both you and the young person you support. Volunteer to befriend a 14-19yr old for as little as one hour a week. **Help make a difference in your community.**

For more information please contact:

**Stef Benson**  
**Buddy Network Coordinator**  
**07398 149496**  
**[stef@nyy.org.uk](mailto:stef@nyy.org.uk)**

**North Yorkshire Youth  
Volunteer Buddy Network**  
One to one support for 14-19yr olds

# NORTH YORKSHIRE YOUTH INDEPENDENT VISITORS



## Could you befriend a looked after child in North Yorkshire?

We would love to hear from people of all ages and backgrounds who want to make a positive difference to a young person's life.

An Independent Visitor (IV) is an adult volunteer who develops a friendship with a young person in care.

They will offer support and help a young person to develop new interests, skills and hobbies.

We are looking for volunteers who can offer one visit per month for a minimum period of two years.

**For further information  
please contact:**  
**Stef Benson: [stef@nyy.org.uk](mailto:stef@nyy.org.uk)**  
**Tel: 07398 149496**



### What young people say about Independent Visitors:

“He made me forget about being in care and brought me up on my down days.”

“Having an independent visitor has been the only stable thing in my life recently.”

“She always comes when she says she will. She never lets me down.”

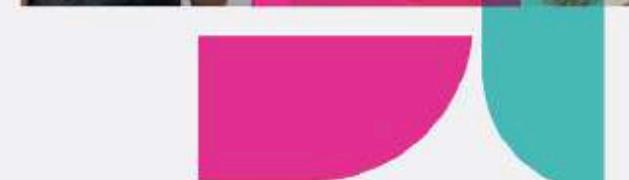
# independent visitors

FOOD. ENTERTAINMENT.  
ARTS. SPORT. TOGETHER

# feast

## Free activities

for  
eligible children and young people  
this school holiday.



Packed with sport, art, fun and food, there's something for everyone.

Everyone in North Yorkshire from Reception to Year 11 can join in, with FREE places available for eligible children and young people.

Discover what's on offer at  
**feastNY.org**



# LIBRARIES



Libraries are friendly spaces, where you can read, meet friends, do homework and access the internet. You do not have to be a member to visit a library. You are welcome to pop along and just be in the space to do such things as explore, read, rest, meet others, play and study.

Why not become a member so that you can make the most of your visit? On top of the thousands of books, comics, eBooks, eAudio & eMagazines for you to enjoy.

You can also visit the Library to do so much more; from Reading Groups, Volunteering Opportunities, Learning Resources, Family History Research, Study Areas, Internet & Computer Access, Photocopying Printing & Scanning, Local Studies, Film Shows, Language Courses, specialist events plus much more!

 **NORTH YORKSHIRE COUNCIL**

## Try the library app

- Search the catalogue for books, audio books and DVDs.
- Reserve items and renew loans.
- Access FREE digital content - ebooks, e-audio books, magazines & comics.

Search for 'North Yorkshire Libraries' on:



# WHY NOT VISIT ONE OF THE LIBRARIES IN RICHMONDSHIRE



Please contact your local library for opening hours

**Colburn Community Library.**  
Broadway  
Colburn  
DL9 4RF

**Richmond Community Library.**  
10a Queens Road  
Richmond  
DL10 4AE

**Catterick Community Library.**  
Catterick Leisure Centre  
1 Gough Road  
Catterick Garrison  
DL9 3EL

**Hawes Library,**  
The Neukin  
Market Place  
Hawes  
DL8 3RA

**Leyburn Community Library**  
Thornborough Hall  
Leyburn  
DL8 5AB

**Reeth Community Library**  
Hudson House  
Reeth  
DL11 6TB

## Supermobile Library

The supermobile library carries around 3,000 items of stock, including books, DVDs and audiobooks. You can go on the vehicle to choose your own books but if you would like the library team can also select your chosen books for you to collect when they visit call 01609 533878 or email [supermobile@northyorks.gov.uk](mailto:supermobile@northyorks.gov.uk) for further details.

You can join the library service by dropping into your local library or by visiting the North Yorkshire Council website .



The Council provides a housing support and advice service to 16-25 year olds in housing need. They call this service Young Persons Housing Solutions @ THE HUB - or "THE HUB" for short!

## What help is available from THE HUB?

Support for Young People aged between 16-25 who are homeless or at risk or becoming homeless. General Housing advice & support around issues like benefits & managing a tenancy. Support & Help to stay in your own home where it is safe & appropriate to do so. However, THE HUB know staying at home isn't always suitable or possible so they offer a range of accommodation and support services. THE HUB will

Talk you through everything & make sure you have a clear understanding of your options so you can make an informed choice. Answer any questions you have Take into account your wishes & feelings Provide you with a support worker who will help you through the entire process.

If you have any questions about the support available you can contact them using any of the following options

Visit them in person;  
Mercury House  
Station Road  
Richmond  
DL10 4JX

Telephone: 01748 829100

Co-ordinator Leonie Jolley  
Email:  
[leonie.jolley@richmondshire.gov.uk](mailto:leonie.jolley@richmondshire.gov.uk)

## What accommodation is available?

There is a range of accommodation available, but places are limited and not every young person who becomes homeless will be offered long term accommodation.

Access to all the following accommodation is **ONLY** through **THE HUB**:

SASH – Safe & Sound Homes – Night Stop This is emergency accommodation for up to 14 nights staying with a host family. Transport, a meal & bed for the night are provided. The aim is to provide mediation during this time that allows the young person to return home.

SASH – Safe & Sound Homes – Supported Lodgings Supported Lodgings provides accommodation with a host family for up to 2 years for young people with medium needs. The host and project workers support young people to develop their independence skills, such as budgeting & basic cooking. The host provides the young person with a room of their own, breakfast & an evening meal daily. The young people are encouraged to continue/begin an education programme/job & can be referred for additional specialist support with personal issues they wish to work on.

Foundation – Supported Housing Supported housing is available for young people with medium or high needs, either at the Carriage Works, Cross Street, Skipton which is staffed 24 hours a day or an independent flat in the Craven district. Residents are expected to take part in a programme of support to develop their independent living skills and are expected to move on after approximately 6-9 months.



# FOUNDATION

Inspiring independence. Transforming lives.

Foundation Richmondshire deliver the following services:

**North Yorkshire Young People's Pathway:** This service offers young people the necessary support, advice and mediation to enable them to stay in their present accommodation. Where it is not possible for someone to remain at home, we have a variety of accommodation options to suit their needs.

Location: Housing options team Richmond council Mercury House Station Road Richmond DL10 4JX



## Centrepoin Helpline

Call FREE on 0808 800 0661 Monday to Friday 9am-5pm

Are you feeling overwhelmed about where to start with finding safe housing?

If you're in England & aged 16 to 25, talk to the Helpline at Centrepoint to chat with their non-judgemental & experienced advisors to get advice on your housing situation and rights. They will listen, give you guidance and connect you to the right services to help you find a place to stay where you can close the door & feel safe.

## How Will Centrepoint Help Me?

Whether you're facing eviction, sleeping rough or sofa surfing, they will listen & do everything they can to help. They will take the time to make sure they understand your situation before they offer you advice.

[www.centrepoint.org.uk](http://www.centrepoint.org.uk)

Special Educational Needs and Disabilities  
Information, Advice and Support Service



### Information

You may find the answer to some of your questions by looking through the information on our web pages, via social media channels and through workshops and courses. We have some downloadable resources. If you can't find the answers to your questions, you can get in touch by phone, text or email – **you choose** which works best for you.



### Advice

We provide impartial information and advice about what the law says, the local authority's policies and procedures and about the policy and practice in local schools and other settings. We do not take sides or tell you what to do, we will help you get the information you need to make your **own choices**.



### Support

We can help you by **listening** to your views and concerns and working with you to explore your options. We can help you with preparation for meetings, with letters, forms and reports and support you to have the confidence to **express your views**.



### Education

We can talk to you about any **questions or concerns** you have in relation to your child's Special Educational Needs, including choice of educational setting. We can discuss with you how to raise your concerns and help you to find **positive ways to communicate** with schools and the local authority.



### Rights

We provide information and can help you to understand what the law says and what your rights are, enabling you to make informed choices.



### EHC Plans

We have lots of information and advice around EHC plans, how to request, and what happens next within our web pages. We can support you to get your views across and fully **participate in the process**, including at Annual Reviews and with disagreements.

**Special Educational Needs and Disabilities  
Information, Advice and Support Service**

SENDAIASS (Special Educational Needs and Disabilities Information Advice and Support Service) is a confidential and impartial service that provides information and advice on SEND (Special Educational Needs and Disability) policy, process and law.

The service is free, easy to access and confidential.

SENDAIASS can help children, parents and young people take part in decisions that affect their lives.

SENDAIASS offer information and advice to:

- Children and young people (up to 25 years) with SEND
- Parents and carers of children with SEND
- Practitioners (who might support children, young people or parents to access the SENDIASS service)

SENDAIASS provide:

Telephone Advice service Monday -Friday

Online and written information

Letter templates

Preparation for meetings and appeals

Information sessions for parents/carers

Training and workshops

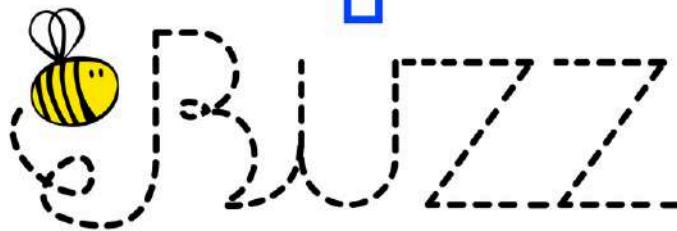
[www.sendiassnorthyorkshire.co.uk](http://www.sendiassnorthyorkshire.co.uk)

[info@sendiassnorthyorks.org](mailto:info@sendiassnorthyorks.org)

01609 536923



# Compass

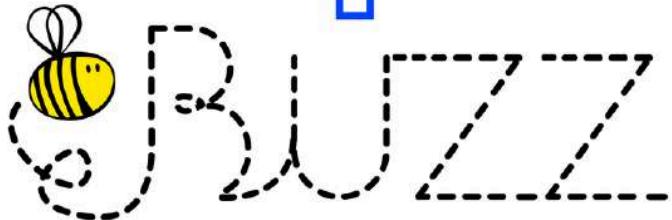


Compass offers a confidential text messaging service to young people aged 11-18 across North Yorkshire.

The service was named in conjunction with young people and is called BUZZ US. By texting the service on 07520 631168 you will be able to receive confidential advice, support and signposting from a wellbeing worker within one working day via text. When you text BUZZ US you will receive a message letting you know if we are open or closed. Within this text it will also let you know what you can do if we are not open and you need help in the meantime. This includes information such as contacting your doctor, visiting a NHS walk-in centre or calling NHS 111. You can also look up your local child and adolescent mental health service (CAMHS) crisis number. Also remember that if it is an emergency dial 999 or visit A&E.



# Compass



Young people can text BUZZ US about any mental health or wellbeing concerns such as low mood, stress, eating problem, self harm, anxiety or self esteem. When you text the service the wellbeing worker will get back to you within one working day. So it is important to remember that if you are in need of urgent help or you feel in crisis to contact the help suggested above. Once the wellbeing worker has introduced themselves they will then start to ask you questions around your problem to make sure that they are offering you the right support, advice or signposting.

Once you have received the help you need we will close the conversation and ask for your feedback. Remember you can always text back at anytime in the future to get support if you need it. If you do ever text in again we will not know that it is you and it is important to remember that we may ask some of the same questions again.

The service is open Monday - Thursday 9am-5pm and Friday 9am-4.30pm (excluding Bank Holidays).

You can also stop receiving messages from BUZZ US at any stage by texting STOP to the number. Compass record and keep all messages they receive in their central files.

**BUZZ US** is a **text** messaging service run by **Compass BUZZ** for young people aged 11-18 who live in North Yorkshire

**Text a wellbeing worker on**

**07520 631168**

if you are experiencing any of the following:

 <b>Bullying</b>	 <b>Low Mood</b>
 <b>Anxiety</b>	 <b>Stress</b>
 <b>Self Esteem</b>	 <b>Self Harm</b>
 <b>Eating Problems</b>	 <b>Emotions</b>

## North Yorkshire support for young people's Mental Health



There is national  
and local support for  
young people,  
parents, carers and  
professionals on the  
Go-To website.

[www.thegoto.org.uk](http://www.thegoto.org.uk)

**The Go-To**  
For healthy minds in North Yorkshire

**NHS**





## What is parkrun?

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to you!

[www.parkrun.org.uk](http://www.parkrun.org.uk) for more details.

HEALTH & FITNESS

What does it cost to join in?

Nothing – it's free! but please register before you first come along. Only ever register with parkrun once and don't forget to bring a scannable copy of your barcode (request a reminder).

If you forget it, you won't get a time.

How fast do I have to be?

We all take part for our own enjoyment. Please come along and join in whatever your pace!

parkrun is a series of 5k runs held on Saturday mornings in areas of open space around the UK. They are open to all, free, and are safe and easy to take part in. Visit the parkrun website for more information and to find the nearest parkrun in your area.





# LGBTQ+ YOUTH CLUBS

Looking for a place to be yourself, feel supported, and connect with others?

Our LGBTQ+ youth clubs across North Yorkshire offer safe, inclusive spaces for LGBTQ+ young people and allies.

Whether you want to get creative, play games, join in on trips, or just hang out and chat—we've got something for everyone.

These clubs are built on respect, support, and belonging. You'll meet new people, make friends, and be part of a community that truly cares.

To protect the privacy of attendees, we don't share club locations or times online.

Get in touch to find out what's running in your area, or if there's nothing nearby, help us set one up!

For Richmondshire contact Edwina  
(Youth & Community Development  
Worker)

 [edwina @nyy.org.uk](mailto:edwina@nyy.org.uk)

 07584263978

# LOVE



# NY VOICE : BE THE CHANGE



NY Voice is our young people's participation and engagement team. Discover how to get involved, and have your say on the things that matter to you.

## NY Voice – Youth Voice and Creative Engagement Service

NY Voice supports children and young people to have their voices heard. They work with you on the issues that are most important to you, to make a real difference in your local community and improve the services the council, and their partner agencies, provide.

NY Voice Richmondshire – Stacey Smith

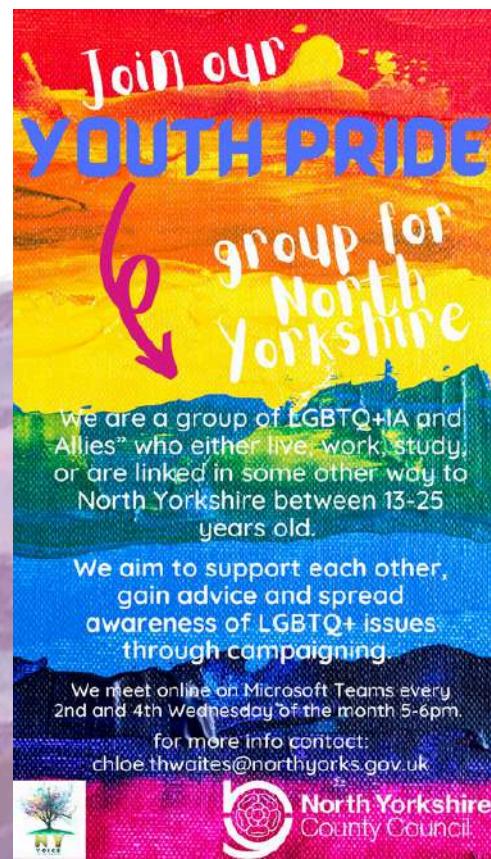
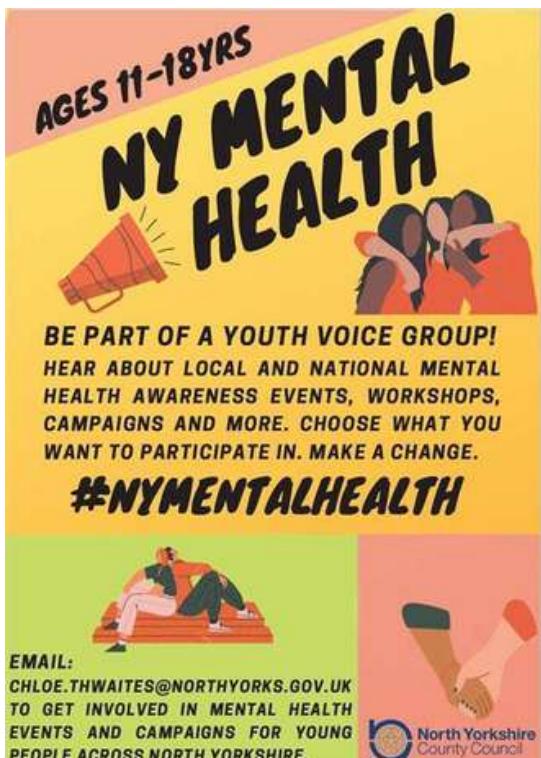
stacey.smith11@northyorks.gov.uk

Youth Voice and Creative Engagement Officer

Location: Hambleton/Richmondshire

Lead area: Young Inspectors, LGBTQ+ and Members of Youth Parliament

Instagram @nyccyouthvoice, Facebook @northyorkshireyouthvoice and Twitter @YouthYorkshire.



# CRIME PREVENTION & SUPPORT

Empowering young people to be fearless against crime

# fearless.org

## What is Fearless?



Fearless is the youth service from the independent charity Crimestoppers. Aimed at young people, our website provides non-judgemental information and advice about crime.



## Give information



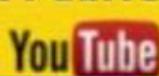
Young people can give information about crime 100% anonymously via a secure online form on the website. It empowers them to take a safe stand against crime.

## Work with young people?



Teacher, youth worker, school nurse, parent? Fearless can provide you with FREE resources on a wide range of crime types via the 'not a young person' section of the website.

## Connect with Fearless



## BeAware

of child exploitation  
in **North Yorkshire**



**North Yorkshire**  
Safeguarding Children Partnership

### Passwords

- Make passwords difficult for others to guess.
- A strong password should be more than six characters long and include a combination of letters, numbers, and symbols.
- Try not to use the same password for every website, if someone guesses it, they will be able to access all your accounts.
- Don't use your personal information or that of anyone you know (e.g. child's name and dob).

### Selective Sharing

- When you share something on social media it has potential to reach many people, may be shared by others & can still be seen even after you've deleted the post.
- Never reveal your address, personal telephone number or bank details on social media.
- Be cautious about posting photographs of yourself on social media, these can be saved and stored by others.

### Privacy Settings

- Set your privacy settings to enable only 'friends' or 'followers' to see what you post.
- It's important to remember that setting your profile to private doesn't mean that your posts can't be seen by others.
- Friends could share the post to their network, for example, so remain cautious about what you're sharing.

### Who Are You Talking To?

- Others may pretend to be someone they're not to extract personal information or convince people into doing things they don't want to do.
- Never send any personal information to someone you have never met in person.
- Never send anyone a photo or video that could leave you in a compromising situation.

### Meeting in 'real life'

- Extreme caution should be taken when arranging to meet someone in 'real-life' for the first time.
- Always arrange to meet in a busy public place, such as a cafe.
- Always tell someone else who you are meeting, use apps like "Find my" on your device to track your location, or carry an airtag.
- If possible, take a friend, family member or carer along to the first meeting.

### Avoid Online Scams

- It's important to be mindful of things that don't seem right.
- Remember, if something sounds too good to be true, it probably is!
- Sometimes it can be hard to know whether something is genuine or not. Unsure? Get a second opinion.

### Truth or Lie?

- Many websites spread untrue or exaggerated news stories, often called 'clickbait' or 'fake news'.
- Don't assume the first thing you read is true, instead be open to reading different sources to get a more accurate overview.
- It's also worth bearing in mind that the posts your friends are sharing might not always give a true representation of their lives.

### Respect Other People

- Occasionally on the internet people forget that behind every post is a real person.
- Your comments could upset someone without realising, don't say anything to anyone online that you wouldn't say to their face.
- Think before you post!

### Report Any Issues

- You should never accept being abused, bullied or harassed online. Use the blocking tool on the apps help page.
- Tell a friend, family member, carer or support worker if you are worried about anything online.
- Abusing someone online is a criminal offence and you can report online abuse to the police. Contact your local police force by calling 101.

### Keep a Healthy Balance

- The internet can be addictive, try to strike a healthy balance between the online and offline worlds.
- Keep connected to "real world" friends and family.
- Keep your sleep health in check, switch off devices at night and take a rest!

### Be Aware Site Links



"We need to **Be Aware** because it goes under the radar here in North Yorkshire"



# ONLINE & MOBILE SAFETY

**UKCCIS**

UK COUNCIL FOR  
CHILD INTERNET SAFETY



Welcome to the  
Click Clever Click Safe campaign, brought to  
you by the UK Council for Child Internet Safety.

Internet safety advice for  
**YOUNG PEOPLE**



## **ZIP IT**

Keep your personal  
stuff private and think  
about what you say  
and do online



## **BLOCK IT**

Block people who send  
nasty messages and  
don't open unknown  
links and attachments



## **FLAG IT**

Flag up with someone  
you trust if anything  
upsets you or if  
someone asks to  
meet you online.

The internet is a great way to see more, learn  
more and have lots of fun.

To help you enjoy it safely, you should follow the  
Click Clever, Click Safe Code.



[www.northyorkshire.police.uk/crimeprevention](http://www.northyorkshire.police.uk/crimeprevention)



**Nude image of you online?  
We can help take it down.**

## Report Remove

Report Remove is here to help young people under 18 in the UK to confidentially report sexual images and videos of themselves and remove them from the internet.

### How Report Remove works

Having your nudes shared can feel scary, and it can leave you feeling worried or even ashamed. **But it's not your fault.**

It's against the law for anyone to share a sexual image or video of someone who's under 18, and Childline are working with the Internet Watch Foundation (IWF) and Yoti to help you remove any sexual image or video of you that's online.

Report Remove is safe, easy and free – all you need to do is follow these steps: Visit <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/report-remove/>

1. choose your age range.

2. create a Childline account so they can send you updates on your report

3. report your image or video to the Internet Watch Foundation (IWF)

4. talk to a Childline counsellor if you want any extra support, or access support on the Childline website

5. check your Childline locker a few days after your report to see if you need to add any more information and to see updates on your report

6. report any issues with this process by sending an email from your Childline locker with the subject 'Report Remove' and as much information about the problem as you can.



# childline

ONLINE, ON THE PHONE, ANYTIME  
[childline.org.uk](https://www.childline.org.uk) | 0800 1111

# Young people



Free and confidential services  
across North Yorkshire and York

## Sexual health

Sexual health is about your physical, emotional, mental and social well-being in relation to sex and your sexuality.

Whether it's your first time or you've had it before, sex should be something you enjoy and can have safely. Make sure you feel ready and can take responsibility for your own sexual health and well-being.

### **Aged 17 and Under - How to Contact Us**

If you are aged 17 and under you can text us on 07973775692. This line is open Monday to Friday, 8:15am to 3:30pm.

Please include your full name, date of birth, and address when you send us a text.

You can also call our central booking line on 01904 721111 to book an appointment.

### **Young Person Walk in Clinics**

We have young person walk in clinics at York, Scarborough and Northallerton where you don't need to book an appointment. Condoms, emergency contraception, most methods of contraception, and STI testing and treatments are available at all of our walk ins and booked appointment clinics. Please see below for times and dates:

- York Monkgate Clinic, Tuesdays 4:00pm - 6:30pm.
- Scarborough Mulberry Unit, Tuesdays 4:00pm - 6:30pm.
- Northallerton. Anyone aged 17 or below is welcome to attend.

Location: YorSexual Health based in Citizens Advice & Law Centre, 277 High Street, Northallerton, DL7 8DW. Tuesdays from 3:30pm - 6:30pm. Services include contraception & emergency contraception, free condoms, chlamydia & other STI testing, and pregnancy testing.



# ROYAL AIR CADETS AIR FORCE the next generation

There are more than 40,000 Royal Air Force Air Cadets between the ages of 12 and 19 across the United Kingdom.

Being an Air Cadet improves career and employment prospects and also often helps with performance at school. It's also a lot of fun.

Being an Air Cadet is a rewarding and fulfilling experience.

To be an Air Cadet you must be 13 years old, or 12 years old if you're already in year 8 in school. The latest you can join is before your 17th birthday.

## Weekly meetings and costs

Squadrons across the UK meet twice a week. Each session lasts around two hours, usually from seven to nine in the evening. This means it should fit in easily with your other commitments and hobbies.

There's a small subscription to cover the running costs which is usually a few pounds per week.

## Ready to join the Air Cadets?

All of the squadrons welcome personal visits by potential cadets (ideally accompanied by a parent or guardian), during one of their Parade Nights. Some squadrons recruit throughout the year, others have specific entry dates. Just go along and see if you like it.

Your local squadron will discuss what they do, show you a video of Air Cadet activities and answer any questions you or your parents or carer may have.

Find your local Squadron and complete the joining form online at  
[www.raf.mod.uk/aircadets/find-a-squadron](http://www.raf.mod.uk/aircadets/find-a-squadron)  
your local squadron will then get in touch.



# ROYAL AIR FORCE AIR CADETS the next generation



**ARMY CADETS** >>>  
[ARMYCADETS.COM](http://ARMYCADETS.COM)

## Fun, Friendship, Action & Adventure | Army Cadets UK

Becoming an Army Cadet has heaps of benefits. The most obvious being that you get to take part in loads of exciting and challenging activities such as fieldcraft, adventure training, first aid, music, sports and shooting, to name but a few.

When you join as a cadet you will make lots of new friends and get the opportunity to go on annual camp where you will meet cadets from other detachments in your county. You may even get to go on expeditions to amazing places in the UK and sometimes even abroad.

The Army Cadet Syllabus will teach you leadership skills, discipline and give you self-confidence you never thought possible. You will learn a wide range of transferable skills such as: the ability to command tasks; make decisions under pressure; plan and organise tasks and work as an effective team player as well as independently. These skills will equip you for life and add an extra string to your bow at times when competition for college places and employment is fierce.

Through your cadet training you can also gain valuable qualifications such as the Duke of Edinburgh's Award, BTEC First Diploma in Public Services or Music or the ILM Certificate in Team Leading.

If you like the sound of all the above visit [www.armycaadets.com](http://www.armycaadets.com) to find out more.

Yorkshire (North and West) ACF is one of the largest ACF Counties in the UK.

It's aim is to inspire young people to achieve success in life, to develop them both physically and mentally.

It does this through improving self-confidence, teamwork and leadership skills, and creating great friendships!

They welcome new members of all abilities and backgrounds to join their wonderful organisation and take part in the great range of activities that they offer.

**YORKSHIRE (NORTH & WEST) ACF IS HOME  
TO OVER 1300 CADETS AND ALMOST 250  
CADET FORCE ADULT VOLUNTEERS (CFAVS)  
IN 43 DETACHMENTS ACROSS NORTH AND  
WEST YORKSHIRE.**



**YORKSHIRE (NORTH AND  
WEST) ARMY CADETS**



# Combined Cadet Force

Want to learn to sail, learn to live in the field, to shoot, complete an obstacle course, experience adventurous training and expeditions, learn to glide and experience flying, and alongside all of that, make an incredible group of friends?

The CCF offers life changing experiences that no other extra-curricular activity can match. Joining the CCF provides so many opportunities to challenge yourself, develop your skills, and work as part of a team.

There are CCF contingents in over 500 secondary schools all over the UK, offering young people a broad range of challenging, exciting, adventurous and educational activities.

Their aim is to enable the development of personal responsibility, leadership and self-discipline. Each CCF is an educational partnership between the school and the Ministry of Defence, and a CCF may include Royal Navy/Royal Marines, Army or Royal Air Force sections.

CCF units in schools give young people the life skills and self-confidence to take charge of their lives so they can reach their full potential at school and beyond, including in employment.

Each CCF is formed of sections from one or more of the Royal Navy/Royal Marines, Army or the Royal Air Force.

## CCF Locations

Combined Cadet Force contingents exist in schools around the UK, and are open to pupils at that school. If your school does not have a CCF contingent, but you are interested in finding out more about the cadets, there are Sea Cadet, Army Cadet and Air Cadet units in the local community, which are not tied to a specific school.



Don't miss this opportunity  
to enhance your career prospects.  
Don't delay, act now.



**Sea Cadets is a national youth charity, offering a different kind of adventure for 10 to 18 year olds, helping them to launch well in life today.**

**Sea Cadets makes exploring the world and who you want to be safe and exciting**

**Sea Cadets aim to give young people an experience that will help them grow into the person they want to be in a safe and friendly environment. Through various activities and adventures, you learn teamwork, respect, loyalty, self-confidence, commitment, self-discipline, honesty and how to be the best version of yourselves.**

**Part of the Sea Cadets family, Royal Marines Cadets enjoy all the exciting activities on water that Sea Cadets do, as well as branching off into serious adventure training too. Specialising in orienteering, field craft and weapons handling is what makes Royal Marines Cadets unique and you can join from the age of 13 to 18.**

**To find your local Sea Cadets Unit please visit [www.sea-cadets.org/units](http://www.sea-cadets.org/units)**



**SEA CADETS**

**12-18 YEARS OLD?  
WANT TO TRY SOMETHING NEW?  
WANT TO BE PART OF A TEAM?  
BELONG  
BUILD YOUR FUTURE?**



# PONY CLUB



The Pony Club is the world's largest equestrian youth organisation, with over 30,000 Members in the UK alone.

Become a Member to improve your riding, horsemanship and take part in a huge range of sports and activities, whilst developing vital skills!

They have over 300 volunteer-led Pony Club Branches across the UK, together with nearly 400 Riding Centres who are linked to The Pony Club.

They all have a shared passion for horses and ponies so you can enjoy time with like-minded people doing a huge range of activities.

Whether or not you have your own horse or pony, they have a membership option for you! Check out the different membership categories on their website [www.pcuk.org](http://www.pcuk.org) to find what suits you best and find your nearest Pony Club centre.

For anyone who doesn't have  
access to a horse/pony

You can go to a local Pony Club Linked Riding Centre to take part in  
Pony Club activities





**Yorkshire Young Farmers is led by young people, for young people, the age frame to be a member is 10 to 28 years old. The clubs, district and county also rely on members out of age to help with the running of meetings and events. But the voice they all listen to and want to hear is the members.**

**Young farmers is a fantastic opportunity for young people. It is an organisation that is like no other. It gives young people the fantastic opportunity to meet lifelong friends, learn new skills, make a real difference to the local community and even travel the world!**

**Yorkshire Federation Of Young Farmers Clubs are always recruiting new members, and you don't have to be a young farmer to join their fantastic organisation.**

**The clubs plan a wide variety of activities that everyone can enjoy.**

**Why join your local Young Farmers Club?**

**Young Farmers or YFC is a fantastic organisation.**

**Across Yorkshire alone, they have 45 clubs, so you're never too far away from your closest club.**

**Whether you are interested in farming or agriculture, or not – that doesn't matter.**

**YFC is open to everyone, who has an interest in everything from: arts & crafts, cookery, visits to local businesses, cinema & bowling, sports, raising money for charity, public speaking, competitions and SO MUCH MORE!!! Learn and develop new skills, meet friends for life, and have a good time!**

**Visit [www.yfyfc.org.uk](http://www.yfyfc.org.uk) to find out more about Young Farmers & how to join your local club.**



**YORKSHIRE FEDERATION OF YOUNG FARMERS' CLUBS**



# **NORTH YORKSHIRE FIRE & RESCUE SERVICE**

Fire Cadets is an evening based youth course which runs at fire stations across the county, this is a 2 year course which is funded by parents, carers and guardians where cadets complete theory and practical activities in line with the National Fire Chiefs Council Fire Cadet scheme.

The course is delivered by experienced and competent fire & rescue service staff. Completion of this course results in each cadet being awarded a BTEC Level 2 in Fire & Rescue Services in the community

The recommended start age for this course is 13 or 14

During the duration of the course cadets will cover:

The structure of Fire & Rescue services

How to safely work at height

How to operate pumps and hose

Respond to fire service scenarios

Learn about teamwork and leadership

Create and deliver community safety campaigns

For cadets there will also be opportunities to assist with charitable events, community safety events, visits to other fire stations to look at different equipment and talks and discussions from other parts of the service such as business fire safety and control room operations.

Please note places for courses are limited and do not run at all fire stations. As schemes are launching they will be publicised on the North Yorkshire Fire social media channels, we encourage you to follow these to keep up to date with information.

Visit [www.northyorkshirefire.gov.uk/your-safety/youth/fire-cadets](http://www.northyorkshirefire.gov.uk/your-safety/youth/fire-cadets) to find out more.





# Volunteer Police Cadets

Develop your volunteering and personal development opportunities through the Volunteer Police Cadets.

Have fun, exciting experiences and learn about policing.

North Yorkshire Police Volunteer Police Cadet scheme is open to young people aged 13 to 18.

As well as having fun, being a cadet is a great way to: meet new people, take part in loads of activities, gain new skills and experience, get involved in your local community and make a difference, learn about policing.

## What's involved?

Cadets meet for two hours on a weekday evening during term time. Cadet nights include:

learning about policing duties and skills, and basic law  
physical activities  
drill.

Additional events will also be arranged, some in conjunction with our surrounding forces.

After completion of your 12-week induction training you will attend a passing out parade where you will take the cadet oath. Your family and friends will be invited as guests. You will also get to meet different departments within the police service such as local policing teams, the Dog Section, Firearms Unit, Roads Policing and Crime Scene Investigation units.

## Activities

In addition to the weekly training night, cadets are expected to volunteer at least three hours per month contributing towards local community policing objectives such as: assisting with local community events such as fairs, town shows, carnivals and other local events assisting the local Neighbourhood Policing Teams through leaflet drops, crime prevention initiatives, community safety events and street surveys, helping as role-play volunteers in the training of student police officers and special constables.





**Wherever you're at, whatever else you've done up until now, if you're between 14 - 24, The Duke of Edinburgh's Award (DofE) is for you.**

**This is for the gamers, skaters, bikers and bakers. The dress-makers, film-makers and change-makers. The just-out-of-bedders, wheelchair-racers, dancers, DJs and none-of-the-abovers.**

**Whoever you are, this is you and your friends sharing amazing experiences, having fun and just maybe changing your futures along the way.**

**The DofE helps to turn the things you love, and the things you've always wanted to try, into powerful lifelong skills that can help you get a job, change your community and take on anything life throws your way. And yes, there's going to be a bit of camping involved.**

**A DofE Award is not just a prestigious Award much desired by colleges, universities, and employers. It's recognition of the huge effort you've put in to doing it, the people you've helped and the skills you've learnt along the way.**

**Be proud. Be an Achiever!**

**To find out more visit [www.dofe.org](http://www.dofe.org)**





**By girls, for girls, powered by volunteers**

Girl Guiding give over 300,000 girls from 4-18 a space just for them.

**A space where they can try lots of activities from crafting to camping, sports to inventing.**

**There's something for every girl to explore.**

**Girls can do anything. And Girl Guiding help every girl discover this for herself.**

**Whether you would like to join Rainbows (4-7), Brownies (7-10), Guides (10-14) or Rangers (14-18), you can start your Girlguiding journey by visiting [www.girlguiding.org.uk](http://www.girlguiding.org.uk)**

**At Girlguiding, they want everyone to feel welcome and have an equal sense of belonging.**

**They want to see an equal world where all girls feel happy, safe and can enjoy fulfilling lives.**

**So, they encourage them to think big and be bold – each in her own way.**

**They help girls know they can do anything.**

**They value and celebrate the different experiences of their members.**

**They are proud to welcome people from all backgrounds including individuals with disabilities, LGBTQ+ people, people of colour and those of all religions or philosophical beliefs and none.**





Jump in and get muddy. Give back and get set. Scouts ignore the butterflies and go for it, and soon so will you.

**Preparing young people with skills for life**

Everyone is welcome at Scouts. Every week, they help almost half a million people aged 4-25 develop skills for life. Are you ready to join the adventure?

**What do Scouts do?**

Scouts is where young people make new friends, have amazing adventures, and learn new skills.

**Scouts are do-ers and give-it-a-go-ers.**

Yes, they go camping, hiking, swimming, abseiling, cycling and canoeing.

But, they also get to hang out with their friends every week – having fun, playing games, working in a team and taking on new challenges.

Every week they give almost half a million 4-25 year olds the skills they need for school, college, university, the job interview, the important speech, the tricky challenge and the big dreams: the skills they need for life.

**Everyone's welcome at Scouts.**

All genders, races and backgrounds. Regardless of your physical ability – there's a Scout adventure out there waiting for you. And they will help you find it.

Sign up online by visiting [www.scouts.org.uk](http://www.scouts.org.uk) to discover your 'thing': from archery to coding to the performance arts and everything in between.





# RDA



At Riding for the Disabled Association (RDA), they improve lives through the unique bond between people and horses. Each year, they support over 25,000 disabled children and adults through activities including riding, carriage driving, and non-ridden experiences such as Quiet Corners and Tea with a Pony.

They are pioneers in the therapeutic use of horses, leaders in disability sport, and the only major UK charity focused specifically on the health and wellbeing benefits of bringing people and horses together.

Their innovative programmes improve mobility, boost physical health and mental wellbeing, build confidence, and teach new skills. This is all made possible by over 13,700 volunteers, 1,700 qualified coaches, 2,800 equines, and more than 450 RDA centres.

They welcome people of all ages and abilities, including those with physical and learning disabilities, sensory impairments, long-term health conditions, and neurodiversity. With 24% of the UK population classified as disabled, they make a lasting impact through the therapeutic power of horses.

Their groups work across the UK, from cities to rural areas, bringing the joy and benefits of horses to as many people as they can.

Their life-changing work is supported by generous donors, dedicated volunteers, and the amazing horses that make it all possible.

To register your interest and find out more please visit [www.rda.org.uk](http://www.rda.org.uk)





# CADETS

The St Johns Ambulance Cadet programme gives young people aged 10-17 the opportunity to meet new people, learn new skills and build their confidence! Cadet groups typically meet once a week in the evening during school term time, where Cadets engage in fun activities to learn vital skills and develop lifesaving first aid knowledge.

The Cadet programme offers Cadets exciting opportunities, covering various topics and activities, including:

Learning first aid, and the opportunity to practice these skills by volunteering at events

Engaging in social action and helping your local community

Learning about health and wellbeing

Developing your confidence and communication skills through their additional Cadet Leadership courses

Becoming a Peer Educator and helping to teach others first aid

Enjoying a wide range of adventurous activities on a residential camp

These activities equip young people with essential skills like first aid, communication, teamwork, and leadership, fostering confidence, resilience, and critical thinking.

Within the Cadet programme, Cadets can work towards their Grand Prior's Award by completing 16 subjects. These subjects range from emergency planning, to patient care, leadership & teamwork, healthy relationships, and adventure skills – just to name a few! When all the aims and objectives within the subject are completed, it counts toward their Grand Prior's Award Total. Throughout the year, Cadet units run award ceremonies in their units to celebrate each Cadet's achievements.

And after completing their Grand Prior's Award, Cadets have further opportunities to develop their skills, such as in helping to plan and lead their weekly meeting sessions!

Many Cadets join St John Ambulance to gain relevant experience before pursuing a career as a paramedic or health care professional. With so many different activities to get involved with, there is something for everyone.





# THE BOYS' BRIGADE

>the adventure begins here

Boys Brigade provide opportunities for children and young people to learn, grow and discover in a safe, fun and caring environment which is rooted in the Christian faith.

Over 20,000 children and young people get involved every week.

There's something for every young person whether it's camping or kayaking, first aid or five a side, music or crafts.

The Boys' Brigade is open to children and young people aged from 5 to 18, of any faith and background. Whilst some groups are for boys only others are open to boys and girls through membership of The Girls' Association.

More information about The Girls' Association and Boys Brigade is available on the website [www.boys-brigade.org.uk/girls-association](http://www.boys-brigade.org.uk/girls-association)

The best way to get involved is to find your local group (also known as a 'Company') by using the 'Find a Group' tool, on the website [www.boys-brigade.org.uk/find-a-group](http://www.boys-brigade.org.uk/find-a-group) all you need is your postcode and you'll be given a list of your nearest groups.

You can also get in touch by completing the online contact form or just pop along on the day and time the group meets.

**JOIN THE ADVENTURE TODAY!**



**ANCHORS** >

5-8 years



**jrANCHORS** >

8-11 years



**Company** >

11-14 years



**Seniors** >

14-18 years



# the GIRLS' BRIGADE

ENGLAND & WALES



**Girls Brigade Ministries are passionate about helping girls and women to explore and engage with real life and the Christian faith in fun, informative and hopeful ways through a wide range of activities.**

**View their full range of activities including local community groups, leadership training, faith retreats, conferences, and award programmes online by visiting [www.girlsbrigadeministries.org.uk](http://www.girlsbrigadeministries.org.uk)**

**They have around 450 Girls Brigade community groups in England and Wales, around 9,000 girls and young women (primarily) and more than 2,000 volunteer leaders.**

**Visit [www.girlsbrigadeministries.org.uk/find-a-group](http://www.girlsbrigadeministries.org.uk/find-a-group) and search their map to find a Girls' Brigade group near you, then fill out the online form to join.**



WEST WITTON HIPSWELL CATTERICK GARRISON BOOZE  
BARTON AKBAR EASBY TUNSTALL RICHMOND SKEEBY  
MELSONBY SPENNITHORNE BROMPTON ON SWALE THORNTON STEWARD  
REDMIRE WORTON CARLTON MUKER WEST BURTON LUNDS LANGTHWAITE  
BARDEN THORALBY NEWTON MORRELL SCORTON  
HAWES ARRATHORNE STANWICK HEALAUGH CALDWELL  
BOLTON ON SWALE FORCETT LEYBURN GILLING WEST REETH ST MARTINS  
HARMBY EAST WITTON COLBURN BELLERBY  
ASKE KIRBY HILL MOULTON THORLBY SIMONSTONE STANTON  
THORTON COTTERDALE GAYLE DOWHOLME DALTON  
RUST WEST LAYTON HAUXWELL RICHMONDSHIRE  
BROUGH WITH ST GILES ASKRIGG THWAITE ARKLE TOWN  
ARKENGARTHDALE SCOTTON MIDDLETON TYAS  
LOW ROW WHASHTON HAUXWELL SNAIZEHOLME CONSTABLE  
COLBURN APPERSETT GUNNERSIDE BURTON  
BEND HAGG HOUSE FINGHALL WEST SCRAFFTON AYSGARTH CARPERBY  
NEWSHAM REDMIRE STAPLETON Grinton CASTLE  
WENSLEY KETTLEWELL STAPLETON BOLTON  
NEWBIGGIN PATERICK BROMPTON MIDDLEHAM  
PRESTON UNDER SCAR MARSKE CROFT ON TEES  
EPPLEBY ELLERTON UPON SWALE KIRBY HILL MARRICK HORNBYS  
CATTERICK VILLAGE FREMINGTON  
NORTH COWTON